

Keep Your Head In The Game...

*A fundraiser for the Elijah's Promise Community
Kitchen*

Purchase your tickets at www.elijahspromise.org



Please join us on Saturday December 1st at 9:30am for a very special discussion about Concussions by Dr. Arlene Goodman, Pediatric Sports Medicine Physician and Director of the Concussion Program at Saint Peter's Sports Medicine Institute. This event is also a fundraiser for the Elijah's Promise Community Soup Kitchen. Tickets are \$20 each. Refreshments will be served.

Why you should attend:

- Concussions are common in sports and it is important to learn more about treatment and prevention.
- Through this one event we are educating the youth athletic community and we are helping those in need by raising money for Elijah's Promise.
- Elijah's Promise Community Soup Kitchen serves over 170,000 meals annually. Everyday they strive to change lives through the power of food. One ticket for this event provides nearly 10 meals for those in need.